

The Date: _____ Course: _____

Conditions: _____ Timers: _____



Start Pos.	Name (Please Print Clearly)	GMBC Member? (y/n)	Sex (m/f)	YOB	Start Pos.	Completion Time (MM:SS)	Split Time on Stop Watch (MM:SS)	Number Yelled
1					1			1
2					2			2
3					3			3
4					4			4
5					5			5
6					6			6
7					7			7
8					8			8
9					9			9
10					10			10
11					11			11
12					12			12
13					13			13
14					14			14
15					15			15
16					16			16
17					17			17
18					18			18
19					19			19
20					20			20
21					21			21
22					22			22
23					23			23
24					24			24
25					25			25
26					26			26
27					27			27
28					28			28
29					29			29
30					30			30
31					31			31
32					32			32
33					33			33

Record numbs yelled starting at row 1 and work down. Use row # to correlate with lap count in watch RECALL memory mode.