

Beginner and Intermediate Rides for New Riders

Date: Saturday, May 6

Ride: Introductory Ride for new riders. We will go 12-20 miles at a leisurely pace for folks new to road cycling. Our goal is to teach new cyclists the rules of the road and how to ride in a group.

Meeting Time: 10:00

Meeting Place: Veterans Memorial Park, South Burlington, Wheeler lot

Leader: Chris Johnson – 373-9015/ cajohnson42@gmail.com

Co-Leader: Mark Dupuis – 864-5567 / mdd514902@yahoo.com

Date: Saturday, May 20

Ride: Introductory Ride for new riders. We will go 12-20 miles at a leisurely pace for folks new to road cycling. Our goal is to teach new cyclists the rules of the road and how to ride in a group.

Meeting Time: 10:00

Meeting Place: Veterans Memorial Park, South Burlington, Wheeler lot

Leader: Amy Otten - 878-4070 / amyotten@netscape.com

Co-Leader: John Bertelsen - 864-0101 / jo.bertel@gmail.com

Date: Saturday, June 3

Ride: Introductory Ride for new riders. We will go 12-20 miles at a leisurely pace for folks new to road cycling. Our goal is to teach new cyclists the rules of the road and how to ride in a group.

Meeting Time: 10:00

Meeting Place: Veterans Memorial Park, South Burlington, Wheeler lot

Leader: Amy Otten - 878-4070 / amyotten@netscape.com

Co-Leader: Viola Chu – 735-7924 / hviolachu@gmail.com

Date: Saturday, June 10

Ride: Introductory Ride for new riders. We will go 12-20 miles at a leisurely pace for folks new to road cycling. Our goal is to teach new cyclists the rules of the road and how to ride in a group.

Meeting Time: 10:00

Meeting Place: Veterans Memorial Park, South Burlington, Wheeler lot

Leader: Holly Creeks – 233-9013 / creeksh@yahoo.com

Co-Leader: Amy Ross - 324-2137 / vtamy@comcast.net

GMBC Day Touring Rides

- All riders must wear helmets and obey the rules of the road. Please do not ride two abreast if there is traffic in either direction.
- For mornings with questionable weather, please call the ride leader to make sure the ride is still taking place. Ride leaders are obligated to go to the starting point and provide maps but may choose not to ride if the weather is miserable.
- Riders below the age of 18 must be accompanied by a parent.
- E indicates an easy ride, M is for moderate, and S is for strenuous.
- Rides begin promptly 15 minutes after the meeting time.

- Social rides are more leisurely versions of the mapped ride - usually the shorter route - with longer food breaks. Always contact the social ride leader before the ride to make sure those versions of the ride are taking place.
- Additional local Social Rides will be scheduled as weather permits in the Champlain Valley. Please email lightspd@comcast.net to be added to the Social Riders email contact list, which is the only guaranteed notification for these rides. Weekend Social Rides are usually announced by Thursday.

Early Season Unofficial, Leaderless Rides

April 2 and 16 – Meet at 10:00 at Williston Central School for informal rides. Route and distance will be determined by those who show up.

April 9 and 23 - Meet at 10:00 at the Wheeler lot at Veterans Memorial Park in South Burlington for informal rides.

April 30 – Meet at 10:00 at Jericho Elementary School for an informal ride. Route and distance will be determined by those who show up.

Official Rides

Date: Sunday, May 7

Ride: Covered Bridges of Chittenden County – 23 (E), 30 (E/M) and 36 (M) mile options of rolling hills through Shelburne and Charlotte with the longer ride going through Ferrisburgh. Possible food stops include the Old Brick Store in Charlotte (no bathrooms) or a convenience store in Ferrisburgh for the long ride. Visit up to four of the five covered bridges in Chittenden County - the Shelburne Covered Bridge and the Holmes, Sequin and Quinlin bridges in Charlotte.

Meeting Time: 9:45

Meeting Place: Wheeler Lot, South Burlington

Leader: Dorothy Pumo – 829-8729 / dpumo5@gmail.com

Co-Leader: Kevin Batson – 825-5816 / kevbvt@gmail.com

Social Ride Leader:

Date: Sunday, May 14

Ride: Vergennes Voyager – 26-mile rolling (E) or 39-mile flat to rolling (E/M) rural ride running along Otter Creek to Middlebury for a bakery stop. The longer ride rolls out by Kingsland Bay State Park before heading south to Middlebury. There are no big hills on this ride.

Meeting Time: 9:45

Meeting Place: Vergennes Union High School, Monkton Road, east parking lot

Leader: John Bertelsen - 864-0101 / jo.bertel@gmail.com

Co-Leader/Social Ride Leader: Karla Ferrelli - 864-0101 / karla.ferrelli@gmail.com

Date: Sunday, May 21

Ride: Kingsland Bay – The 35 mile (EM) ride rolls from Shelburne through Charlotte to

Kingsland Bay Park and returns. The 46 mile (M) ride heads towards Vergennes and climbs to Monkton Ridge, returning through Hinesburg and a 65 (M/S) option heads into Huntington.

Meeting Time: 9:45

Meeting Place: Shelburne Village Shopping Center

Leader: Amy Otten - 878-4070 / amyotten@netscape.com

Co-Leader: Ralph Kilmoyer – 878-4070 / ralphkilmoyer@comcast.net

Social Ride Leader:

Date: Saturday, May 27

Ride: St. Albans Explorer – Light, rolling hills with beautiful views by the lake. The 35-mile (E/M) route goes out to Kill Kare Park and returns while the 50-mile (M) route continues on to Swanton and back. Both rides can break for food at St. Albans Bay.

Meeting Time: 9:45

Meeting Place: Georgia Park and Ride - For those coming from the Burlington area, we suggest carpooling at the Colchester Park and Ride at Exit 17 off I-89 or perhaps meeting at UVM or Veterans Memorial Park in South Burlington.

Leader: Matt Kuivinen - 881-9045 / mattkui@earthlink.net

Co-Leader: Kerry Crosby – 578-3249 / crosbykn@comcast.net

Social Ride Leader:

Date: Sunday, June 4

Ride: Grand Isles Flats – One of the flattest rides of the season with a food break at the 20-mile mark. The 28-mile ride (E/M) circles Grand Isle and includes some dirt. The pace will be more casual than the long ride. Riders on the 58-mile (M) ride can visit St. Anne's Shrine (bathrooms and picnic tables but no food) and also a fossil bed. Unlike other GMBC rides, this one splits between the short and long at the beginning.

Meeting Time: 9:15

Meeting Place: Folsom School, South Street in South Hero - Those coming from the Burlington area may consider carpooling from the Colchester Park and Ride, Exit 17 off I-89, UVM or Veterans Memorial Park in South Burlington.

Leader: Amy Otten - 878-4070 / amyotten@netscape.com

Co-Leader: Ralph Kilmoyer – 878-4070 / ralphkilmoyer@comcast.net

Social Ride Leader:

Date: Sunday, June 11

Ride: Hinesburg Hollow - This route travels south through Huntington via the beautiful Hinesburg Hollow Road. The short route is 25 miles (M) and returns to Williston via North Road while the long one is 47 miles (M/S) and continues through North Ferrisburgh to the lake and back through Hinesburg. The social ride will be a less hilly alternative route.

Meeting Time: 9:15

Meeting Place: Williston Central School (by the tennis courts)

Leader: Tom Kennedy – 735-5359 / etomkennedy@gmail.com

Co-Leader: Holly Creeks – 233-9013 / creeksh@yahoo.com

Social Ride Leader:

Date: Sunday, June 18

Ride: Champlain Bridge Ride – Both rides head out Lake Road and across the bicycle-friendly Champlain Bridge. The 43-mile route (M) stops at Crown Point while the 55-mile route (M) makes a loop on the New York side through Port Henry.

Meeting Time: 9:15

Meeting Place: Vergennes Union High School, Monkton Road, east parking lot

Leader: John Bertelsen - 864-0101 / jo.bertel@gmail.com

Co-Leader and Social Ride Leader: Karla Ferrelli - 864-0101 / karla.ferrelli@gmail.com

Date: Sunday, June 25

Ride: Jaunt from Jasper Mine – This rolling hill ride (60 M/S) passes through Georgia and Milton before heading to St. Albans Bay for a lunch break and over to Swanton. The shorter version (40 M) turns around after the lunch stop. This ride has a short stretch along the shore of the Lamoille River and a longer stretch along Lake Champlain.

Meeting Time: 9:15

Meeting Place: Jasper Mine Road, off Route 2 heading towards Grand Isle

Leader: Dorothy Pumo – 829-8729 / dpumo5@gmail.com

Co-Leader: Tom Kennedy – 735-5359 / etomkennedy@gmail.com

Social Ride Leader:

Date: Sunday, July 2

Ride: Rouse's Point Rouser – The mostly flat 60 mile (M) loop heads up from Grand Isle over the Rouse's Point Bridge and down through scenic, low-traffic lakeside roads in New York and returns via the Grand Isle Ferry. The short ride (50 miles – E/M) circles Isle LaMotte and returns on the Vermont side. Both the leader and co-leader will ride the long loop.

Meeting Time: 8:45

Meeting Place: Grand Isle Ferry Parking Lot. Those coming from the Burlington area may consider carpooling from UVM or Dorset Park, South Burlington.

Leader: Matt Kuivinen - 881-9045 / mattkui@earthlink.net

Co-Leader: Brian Howard – 505-1148 / bjhowd@gmail.com

Social Ride Leader:

Date: Sunday, July 9

Ride: Monkton Ridge Ride - Three options; 23 (E), 38 (M) and 48 (M) miles will travel some familiar roads and some less traveled. The short ride will not ascend to Monkton Ridge but all rides will have some nice descents which, of course can only be reached by some nice ascents, none of which are too hard. Lots of food stops available along the way.

Meeting Time: 8:45

Meeting Place: Shelburne Village Shopping Center

Leader: Lou Bresee – 658-0597 / lakelou@comcast.net

Co-Leader: Kerry Crosby – 578-3249 / crosbykn@comcast.net

Social Ride Leader:

Date: Sunday, July 16

Ride: Willsboro Wanderer – 40 (E/M) and 55 (M/S) options of hilly terrain on low-traffic roads in New York. There are two potential stops for ice cream. Bring money for the ferry and food stops. The shorter version of this ride skips the big hill out of Willsboro.

Meeting Time: 8:30 for the 9:00 ferry

Meeting Place: Old Champlain Flyer parking lot, Ferry Road, Charlotte

Leader: Brian Howard – 505-1148 / bjhowd@gmail.com

Co-Leader: Matt Kuivinen - 881-9045 / mattkui@earthlink.net

Social Ride Leader:

Date: Sunday, July 23

Ride: Not Quite Quebec – 51 (M) and 64 (M/S) rides on low traffic roads near the Canadian border. This is a reworking of our old Almost to Canada ride which eliminates some of the higher traffic roads while crossing the Missisquoi River twice and travelling along the shore of Lake Carmi.

Meeting Time: 8:45

Meeting Place: Tractor Supply Company at exit 20 off I-89

Leader: Dave Merchant – 893-6794 / dpierchand@comcast.net

Co-Leader: Joyce McCutcheon – 893-1690 / mellowmiti@aol.com

Social Ride Leader:

Date: Sunday, July 30

Ride: Waitsfield and Waterfalls - Enjoy a scenic tour through the countryside of Waitsfield and Warren with a visit to Moss Glen Falls. Turn around at the falls for a 35 mile (M) ride or continue up Middlebury Gap with a stop at Texas Falls before turning around for a 60 mile (M/S) ride. A stop at the Warren Store is always popular and the general store in Hancock provides an additional respite for those on the long ride.

Meeting Time: 8:45

Meeting Place: Waitsfield Elementary School (on the left traveling south on Route 100). For those coming from the Burlington area, we suggest carpooling at the Richmond Park and Ride at Exit 11 off I-89.

Leader: Matt Kuivinen - 881-9045 / mattkui@earthlink.net

Co-Leader: Brian Howard – 505-1148 / bjhowd@gmail.com

Social Ride Leader:

PICNIC DATE

Date: Sunday, August 6

Ride: Double Ferry South – 50 (M/S) miles starting with the Burlington to Port Kent ferry. The hilly terrain on the New York side brings beautiful views of the lake. The second ferry will take us from Essex, N.Y. to Charlotte and we'll return on flatter terrain back to Burlington. Bring money for the ferries.

Meeting Time: 7:45 for 8:10 ferry

Meeting Place: Burlington Ferry dock

Leader: Kevin Batson – 825-5816 / kevbvt@gmail.com

Co-Leader: Viola Chu – 735-7924 / hviolachu@gmail.com (or Holly Creeks – 233-9013 / creeksh@yahoo.com)

Social Ride Leader:

Date: Sunday, August 13

Ride: Covered Bridges of Franklin and Lamoille County – The hilly 41-mile loop (M) goes

through Eden and Johnson, while the 55-mile ride (M/S) passes more covered bridges in Montgomery Center, returning through Bakersfield.

Meeting Time: 8:45

Meeting Place: Jeffersonville Fish and Wildlife Access (3/10th mile north of Route 15 and Route 108 intersection, across the bridge).

Leader: Phyl Newbeck -899-2908 / phyl@together.net

Co-Leader: Tom Kennedy – 735-5359 / etomkennedy@gmail.com

Date: *Saturday*, August 19

Ride: Upper Valley Weekend - Horse Country Ride - All 3 rides start in South Royalton. The short ride (26 M) will travel north to Chelsea and return; the medium (40 M/S) continues up Route 110 to the top of the hill in Washington and back; and the long ride (51 S) goes to Chelsea, up to the Vershire heights, then down into the CT river valley, back through Strafford and Sharon to S. Royalton. There are two country stores in Chelsea, and additional ones in W. Fairlee and Strafford on the long ride.

Meeting Time: 9:15

Meeting Place: North side of the South Royalton Green

Leader: Pat Stabler - 781-929-9085 / everstab@verizon.net

Co-Leader: Tom Evers - 617-605-0928 / everstab@verizon.net

After the ride, cyclists can camp out in South Royalton, stay at an area hotel, or return home. There is a \$10 fee for camping, part of which might be refunded. Talk to Pat and Tom to get more info about the camping.

Date: Sunday, August 20

Upper Valley Weekend – *** **NEW** *** - Pomfret Perambulations – This 50-mile ride (M/S) heads up Howe Hill, then down the lovely Pomfret Road to West Hartford and the White River. After a climb over the hill to Woodstock, we'll ride along River Road to pick up Route 12. Another climb will bring you into Barnard and a stop at the excellent general store by lovely Silver Lake. North Road provides you with some lovely views to the west, then back 107 to 14 to the Royalton green.

Meeting Time: 9:00

Meeting Place: North side of the South Royalton Green

Leader: Bryan Harrington – 899-2908 / alpinefogman@yahoo.com

Co-Leaders: Pat Stabler and Tom Evers - 781-929-9085 / everstab@verizon.net

Date: Sunday, August 20

Ride: Bound for Bristol Bakery – This 40-mile (M) ride takes low traffic roads from Hinesburg to Bristol. Those doing the short loop (27 miles) can stop at the Bristol Bakery for an out and back but those on the longer loop will add a loop through New Haven and Bristol before earning their pastries.

Meeting Time: 9:15

Meeting Place: Clifford Lumber, across the road from the Hinesburg General Store, Route 116 (up to 10 cars can park at the store)

Leader:

Co-Leader: Amy Ross - 324-2137 / vtamy@comcast.net

Social Ride Leader:

Date: Sunday, August 27

Ride: Buck Hollow and Beyond – The 40-mile (M) route goes north to Fairfax, through Buck Hollow into Fairfield, returning via St. Albans. The longer loop (58 M/S) continues into Sheldon. There are potential food stops in St. Albans, Georgia and Fairfax.

Meeting Time: 8:45

Meeting Place: Milton High School

Leader: Joyce McCutcheon – 893-1690 / mellowmiti@aol.com

Co-Leader: Dave Merchant – 825-3808 / dpierchand@comcast.net

Date: Sunday, September 3

Ride: Awesome Ausable River Ride – A great, challenging ride in New York State. Follow the Ausable River from Port Kent to Lake Placid for the 80-mile (S) option or turn around prior to Lake Placid for the 64-mile (M/S) version. Food stops include Keeseville, Ausable Forks and Lake Placid. Bring money for the ferry.

Meeting Time: 7:45 for the 8:10 ferry

Meeting Place: Burlington Ferry Dock

Leader: Brian Howard – 505-1148 / bjhowd@gmail.com

Co-Leader: Matt Kuivinen - 881-9045 / mattkui@earthlink.net

Date: *Saturday*, September 9

Ride: NEK weekend – Day 1 - [Moose Country Meandering](#) – 67 (S) loop up through Norton and Canaan on routes 114, 102 and 105 with (hopefully) more moose than cars.

Meeting Time: 9:30

Meeting Place: [Island Pond fishing access or along Route 105 in front of the Irving store](#)

Leaders: Pat Stabler and Tom Evers - 781-929-9085 / everstab@verizon.net

Camping is available at Pat and Tom's house just outside East Burke; early birds get beds or floor space in the house. BYOB drinks and/or potluck BBQ for anyone who is interested on Saturday afternoon/evening. There is also the Tiki Bar in East Burke which is not to be missed.

Date: Sunday, September 10

Ride: NEK weekend – Day 2 - [Willoughby Wanderings](#) – 47-mile (M/S) ride up through Sutton and Barton, along the shore of Lake Willoughby and through part of Willoughby State Forest. A 30-mile (M) version of the ride returns to Burke via Route 5.

Meeting Time: 9:15

Meeting Place: [Kingdom Trails parking area](#)

Leaders: Pat Stabler and Tom Evers - 781-929-9085 / everstab@verizon.net

Date: Sunday, September 10

Ride: Jericho Jubilee – This hilly ride starts out on scenic Pleasant Valley Road with a rest stop at The Cupboard in Jeffersonville. A 45-mile (M) option returns via Route 104 and 128, while the 65 mile (S) option heads north to Bakersfield and then to Fairfield, Fletcher and Fairfax before returning though Westford and Essex.

Meeting Time: 9:15

Meeting Place: Mt. Mansfield Union High School

Leader: Joyce McCutcheon – 893-1690 / mellowmiti@aol.com

Co-Leader: Dave Merchant – 825-3808 / dpierchand@comcast.net

Date: Sunday, September 17

Ride: Century Day – Three rides, all following the same route for the first 25 miles with a food stop in Bristol. The Metric Century is 62 miles (M) via Bristol and Vergennes. The full Century is 100 miles (S) traveling down to the Crown Point Bridge and returning through the Champlain Valley. Those looking for an extra challenge can do the Double Gap Century which is 113 miles and includes the Middlebury and Appalachian Gaps.

Meeting Time: 7:30

Meeting Place: Wheeler lot, Veterans Memorial Park, South Burlington

Leader: Kevin Batson – 825-5816 / kevbvt@gmail.com

Co-Leader:

Metric Century Leader: Lou Bresee – 658-0597 / lakelou@comcast.net

Date: Sunday, September 24

Ride: East of Eden – Ride 50 or 60 (M/S) miles through the rolling hills around Eden with your choice of a long, gradual climb up Route 105 or a shorter, steeper route on Route 242 up to Jay Peak. This year the route will be done backwards to avoid the traffic we have encountered on Route 100 in the past, as well as the thumpa-thumpa on the downhill for those the long ride.

Meeting Time: 9:45

Meeting Place: Eden Elementary School on Route 100, about ½ mile south of Route 118

Leader: Brian Howard – 505-1148 / bjhowd@gmail.com

Co-Leader: Matt Kuivinen - 881-9045 / mattkui@earthlink.net

October 1 and 22 – Meet at 10:00 at Williston Central School for informal rides. Route and distance will be determined by those who show up.

October 8 and 29 - Meet at 10:00 at Wheeler lot, Dorset Park in South Burlington for informal rides. Route and distance will be determined by those who show up.

October 15 - Meet at 10:00 at Jericho Elementary School for informal ride. Route and distance will be determined by those who show up.

There is also a potential mountain bike weekend at Kingdom Trails on October 14-15 or 21-22.