

GMBC Touring Season

by Phyl Newbeck

GMBC Day Touring Ride Information

- All riders must wear helmets and obey the rules of the road. Please do not ride two abreast if there is traffic in either direction.
- For mornings with questionable weather, please call the ride leader to make sure the ride is still taking place. Ride leaders are obligated to go to the starting point and provide maps but may choose not to ride if the weather is miserable.
- Riders below the age of 18 must have a signed waiver from a parent.
- “E” indicates an easy ride, “M” is for moderate, and “S” is for strenuous.
- Rides begin promptly 15 minutes after the meeting time.
- Social rides are more leisurely versions of the mapped ride—usually the shorter route—with longer food breaks. Always contact the social ride leader before the ride to make sure those versions of the ride are taking place.
- Additional local social rides will be scheduled as weather permits in the Champlain Valley. Please email lightspd@comcast.net to be added to the Social Riders email contact list, which is the only guaranteed notification for these rides. Weekend social rides are usually announced by Thursday.

Beginner and Intermediate Rides for New Riders

Date: Saturday, May 11

Ride: Introductory Ride for new riders. We will go 12-20 miles at a leisurely pace. Our goal is to teach new cyclists the rules of the road and how to ride in a group.

Meeting Time: 10:00

Meeting Place: Veterans Memorial Park, South Burlington, Wheeler lot

Leader: Holly Creeks – 233-9013 / creeksh@yahoo.com

Co-Leader: Cameron Russell - 734- 1561 / chrussellvt@gmail.com

Date: Saturday, May 25

Ride: Introductory Ride for new riders. We will go 12-20 miles at a leisurely pace. Our goal is to teach new cyclists the rules of the road and how to ride in a group.

Meeting Time: 10:00

Meeting Place: Veterans Memorial Park, South Burlington, Wheeler lot

Leader: Brian Howard – 505-1148 / bjhowd@gmail.com

Co-Leader: Stuart Bennett – 310-3940 / stubennett68@gmail.com

Date: Saturday, June 8

Ride: Introductory Ride for new riders. We will go 12-20 miles at a leisurely pace. Our goal is to teach new cyclists the rules of the road and how to ride in a group.

Meeting Time: 10:00

Meeting Place: Veterans Memorial Park, South Burlington, Wheeler lot

Leader: Amy Otten - 878-4070 / amyotten@netscape.com

Co- Leader: Chris Johnson – 373-9015/ cajohnson42@gmail.com

Date: Saturday, June 22

Ride: Introductory Ride for new riders. We will go 12-20 miles at a leisurely pace. Our goal is to teach new cyclists the rules of the road and how to ride in a group.

Meeting Time: 10:00

Meeting Place: Veterans Memorial Park, South Burlington, Wheeler lot

Leader: Dorothy Pumo – 829-8729 / dpumo5@gmail.com

Co- Leader: Stuart Bennett – 310-3940 / stubennett68@gmail.com

Day Touring Rides

Date: Sunday, May 5

Ride: Covered Bridges of Chittenden County – 23 (E), 30 (E/M) and 36 (M) mile options of rolling hills through Shelburne and Charlotte with the longer ride going through Ferrisburgh. Possible food stops include the Old Brick Store in Charlotte (no bathrooms) or a convenience store in Ferrisburgh for the long ride. Visit up to four of the five covered bridges in Chittenden County - the Shelburne Covered Bridge and the Holmes, Sequin and Quinlin bridges in Charlotte.

Meeting Time: 9:45

Meeting Place: Veterans Memorial Park, South Burlington, Wheeler lot

Leader: Brian Howard – 505-1148 / bjhowd@gmail.com

Co-Leader: Dorothy Pumo – 829-8729 / dpumo5@gmail.com

Social Ride Leader: Donna Leban - 862-1901 / lightspd@comcast.net

Date: Sunday, May 5

Ride: Dirt Road Version of the Covered Bridges of Chittenden County –38 (M) miles. Visit up to four of the five covered bridges in Chittenden County - the Shelburne Covered Bridge and the Holmes, Sequin and Quinlin bridges in Charlotte using mostly dirt roads.

Meeting Time: 9:45

Meeting Place: Veterans Memorial Park, South Burlington, Wheeler lot

Leader: John Bertelsen - 864-0101 / jo.bertel@gmail.com

Date: Sunday, May 12

Ride: Vergennes Voyager – 26-mile rolling (E) or 39-mile flat to rolling (E/M) rural ride running along Otter Creek to Middlebury for a bakery stop. The longer ride rolls out by Kingsland Bay State Park before heading south to Middlebury.

Meeting Time: 9:45

Meeting Place: Vergennes Union High School, Monkton Rd, east parking lot.

Leader: John Bertelsen - 864-0101 / jo.bertel@gmail.com

Co-leader: Karla Ferrelli - 864-0101 / karla.ferrelli@gmail.com

Date: Sunday, May 19

Ride: Kingsland Bay – The 35-mile (E/M) ride rolls from Shelburne through Charlotte to Kingsland Bay Park and returns. The 51-mile (M) ride heads towards Vergennes and climbs to Monkton Ridge, returning through Hinesburg and a 65 (M/S) option heads into Huntington.

Meeting Time: 9:45

Meeting Place: Shelburne Village Shopping Center

Leader: Amy Otten - 878-4070 / amyotten@netscape.com

Co-Leader: Ralph Kilmoyer – 878- 4070 / ralphkilmoyer@comcast.net

Date: Saturday, May 25

Ride: St. Albans Explorer – Light, rolling hills with beautiful views by the lake. The 35-mile (E/M) route goes out to Kill Kare Park and returns while the 50-mile (M) route continues on to Swanton and back. Both rides can break for food at St. Albans Bay.

Meeting Time: 9:45

Meeting Place: Georgia Park and Ride - For those coming from the Burlington area, we suggest carpooling at the Colchester Park and Ride at Exit 17 off I-89 or perhaps meeting at UVM or Veterans Memorial Park in South Burlington.

Leader: Matt Kuivinen - 881-9045 / mattkui@earthlink.net

Co-Leader/Social Ride Leader: George Thabault – 598-3409 / gthabault@ gmail.com

Date: Sunday, June 2

Ride: Grand Isles Flats and Cook-out – One of the flattest rides of the season. The 28-mile ride (E/M) circles Grand Isle and includes some dirt. Riders on the 60-mile (M) ride can visit St. Anne's Shrine (bathrooms and picnic tables but no food) and a fossil bed with a food break at Hero's Welcome in North Hero. At the conclusion of the ride there will be a cook-out at a club member's home on East Shore Road in South Hero.

Meeting Time: 9:15

Meeting Place: Folsom School, South Street in South Hero - Those coming from the Burlington area may consider carpooling.

Leader: Amy Otten - 878-4070 / amyotten@netscape.com

Co-Leader: Ralph Kilmoyer – 878- 4070 / ralphkilmoyer@comcast.net

Date: Sunday, June 9

Ride: Hinesburg Hollow - This route travels south through Huntington via the beautiful Hinesburg Hollow Road. The short route is 25 miles (M) and returns to Williston via North Road (and a little bit of dirt) while the long one is 47 miles (M/S) and continues through North Ferrisburgh to the lake and back through Hinesburg.

Meeting Time: 9:15

Meeting Place: Williston Central School (by the tennis courts)

Leader: Tom Kennedy – 735-5359 / etomkennedy@gmail.com

Co-Leader: Kerry Crosby – 578-3249 / crosbykn@comcast.net

Date: Sunday, June 16

Ride: Champlain Bridge Ride – This ride heads out Lake Road and across the bicycle-friendly Champlain Bridge. The 43-mile route (M) stops at Crown Point while the 55-mile route (M) makes a loop on the New York side through Port Henry. The Social Ride begins at the Lake Champlain Maritime Museum and finishes with lunch at the Red Mill.

Meeting Time: 9:15

Meeting Place: Vergennes Union High School, Monkton Rd, east parking lot.

Leader: Amy Ross - 324-2137 / vtamy@comcast.net

Co-Leader: Mark Benton – 343-4029 / vtkramb@yahoo.com

Social Ride Leader: Donna Leban - 862-1901 / lightspd@comcast.net

Date: Sunday, June 23

Ride: Jaunt from Jasper Mine – This rolling hill ride (60 M/S) passes through Georgia and Milton before heading to St. Albans Bay for a lunch break and over to Swanton. The shorter version (40 M) turns around after the lunch stop. This ride has a short stretch along the shore of the Lamoille River and a longer stretch along Lake Champlain.

Meeting Time: 9:15

Meeting Place: Jasper Mine Road, off Route 2 heading towards Grand Isle

Leader: Dorothy Pumo – 829-8729 / dpumo5@gmail.com

Co-Leader: Joyce McCutcheon – 893- 1690 / mellowmiti@aol.com

Date: Sunday, June 30

Ride: Rouse's Point Rouser – The mostly flat 60-mile (M) loop heads up from Grand Isle over the Rouse's Point Bridge and down through scenic, low-traffic, lakeside roads in New York and returns via the Grand Isle Ferry. The short ride (50 miles – E/M) circles Isle LaMotte and returns on the Vermont side. The Social Ride will also be the long loop but at a slower pace.

Meeting Time: 8:45

Meeting Place: Grand Isle Ferry Parking Lot. Those coming from 8 the Burlington area may consider carpooling.

Leader: Matt Kuivinen - 881-9045 / mattkui@earthlink.net

Co-Leader: Holly Creeks – 233-9013 / creeksh@yahoo.com

Social Ride Leader: Donna Leban - 862-1901 / lightspd@comcast.net

Date: Sunday, July 7

Ride: Willsboro Wanderer – 40 (E/M) and 55 (M/S) options of hilly terrain on low-traffic roads in New York. There are two potential stops for ice cream. Bring money for the ferry and food stops. The shorter version of this ride skips the big hill out of Willsboro.

Meeting Time: 8:30 for the 9:00 ferry

Meeting Place: Old Champlain Flyer parking lot, Ferry Road, Charlotte, NOT the ferry parking lot

Leader: Phyl Newbeck – 899-2908 / phyl@together.net

Co-Leader: Bryan Harrington – 899- 2908 / alpinefogman@yahoo.com

Date: Sunday, July 14

Ride: Monkton Ridge Ride - Three options; 23 (E), 38 (M) and 43 (M) miles will travel some familiar roads and some less traveled. The short ride will not ascend to Monkton Ridge but all rides will have some nice descents which, of course can only be reached by some nice ascents. Lots of food stops available along the way.

Meeting Time: 8:45

Meeting Place: Shelburne Village Shopping Center

Leader: Brian Howard – 505-1148 / bjhowd@gmail.com

Co-Leader: Matt Kuivinen - 881-9045 / mattkui@earthlink.net

Date: Sunday, July 21

Ride: Triple (or Double) Ferry Ride – Head north to Colchester and take the Local Motion bike ferry to the Islands, followed by the Grand Isle Ferry to Plattsburgh and ending with the Burlington ferry. The regular ride is 43 miles (E/M) with some packed gravel but another option is to skip the Local Motion Ferry and take a longer ride on Routes 2 and 7 (50 M). Bring money for the ferries.

Meeting Time: 8:45

Meeting Place: Curtis Lumber Parking Lot, Burlington

Leader: Kerry Crosby – 578-3249 / crosbykn@comcast.net

Co-Leader: Joanna Cummings / joanna@yellowladyslipper.org

Social Ride Leader: Donna Leban - 862-1901 / lightspd@comcast.net

Date: Sunday, July 28

Ride: Not Quite Quebec – 51 (M) and 64 (M/S) rides on low traffic roads near the Canadian border. The route crosses the Missisquoi River twice and travels along the shore of Lake Carmi.

Meeting Time: 8:45

Meeting Place: Tractor Supply Company at exit 20 off I-89
Leader: Dave Merchant – 825-3808/ dpierchand@comcast.net
Co-Leader: Joyce McCutcheon – 893- 1690 / mellowmiti@aol.com

Date: Sunday, August 4

Ride: Meandres et Beaux Villages - A tour of pretty villages – a 60 mile (M/S) ride across the Canadian border. Bring your passport or the required customs documents. We'll stop in Mystic for brunch and pass many farms along the way. There is some dirt – about 4 miles total - and a couple of hills.

Meeting Time: 8:45

Meeting Place: Highgate Elementary School, I-89 north to exit 21 in Swanton, take 78 east to Highgate Center, then left on 207 North, Elementary School is on the left.

Leader: George Thabault – 598-3409 / gthabault@gmail.com

Co-Leader: Amy Otten - 878-4070 / amyotten@netscape.com

Date: Sunday, August 11

Ride: Covered Bridges of Franklin and Lamoille County – The hilly 41-mile loop (M) goes through Eden and Johnson, while the 55-mile ride (M/S) passes more covered bridges in Montgomery Center, returning through Bakersfield.

Meeting Time: 8:45

Meeting Place: Jeffersonville Fish and Wildlife Access (3/10th mile north of Route 15 and Route 108 intersection, across the bridge).

Leader: Phyl Newbeck – 899-2908 / phyl@together.net

Co-Leader: Dorothy Pumo – 829-8729 / dpumo5@gmail.com

Date: Saturday August 17, Sunday, August 18

Upper Valley Weekend

Bryan and Pat

Date: Sunday, August 18

Ride: Double Ferry South – 41 (M/S) miles heading from Burlington down to Charlotte where we'll take the ferry to New York. Roads there offer some beautiful views of the lake which will be followed by the ferry from Port Kent to Burlington. Bring money for the ferries.

Meeting Time: 8:45

Meeting Place: Curtis Lumber Pkg Lot

Leader: Kerry Crosby – 578-3249 / crosbykn@comcast.net

Co-Leader

Date: Saturday, August 24

Ride: Gravelling in Newark - A mellow gravel ride from Café Lotti in East Burke. The 31 and 37-mile options wind around a lovely ridge mostly in Newark with gorgeous views. Enjoy refreshments at Café Lotti before and after the ride. Those interested can camp at Pat and Tom's house outside East Burke and ride again on Sunday.

Meeting Time: 9:30

Meeting Place: School Café Lotti, East Burke (park at East Burke School)

Leaders: Pat Stabler and Tom Evers - 781-929-9085 / everstab@verizon.net

Date: Sunday, August 25

Ride: Buck Hollow and Beyond – The 40-mile (M) route goes north to Fairfax, through Buck Hollow into Fairfield, returning via St. Albans. The longer loop (58 M/S) continues into Sheldon. There are potential food stops in St. Albans, Georgia and Fairfax.

Meeting Time: 8:45

Meeting Place: Milton High School

Leader: Joyce McCutcheon – 893- 1690 / mellowmiti@aol.com

Co-Leader: Dave Merchant – 825- 3808 / dpierchand@comcast.net

Date: Saturday August 31

Ride: Waitsfield and Waterfalls - Enjoy a scenic tour through the countryside of Waitsfield and Warren with a visit to Moss Glen Falls south of Warren (not the one in Stowe). Turn around at the falls for a 35-mile (M) ride or continue up Middlebury Gap with a stop at Texas Falls before turning around for a 60-mile (M/S) ride. A stop at the Warren Store is always popular and the general store in Hancock provides an additional respite for those on the long ride. The Social Ride option starts at the store in Warren and rides to Rochester for lunch and then back.

Meeting Time: 8:45

Meeting Place: Waitsfield Elementary School (on the left traveling south on Route 100). For those coming from the Burlington area, we suggest carpooling at the Richmond Park and Ride at Exit 11 off I-89.

Leader: Bryan Harrington – 899-2908 / alpinefogman@yahoo.com

Co-Leader: Phyl Newbeck – 899-2908 / phyl@together.net

Social Ride Leader: Donna Leban - 862-1901 / lightspd@comcast.net

GMBC Rider Wavers

All riders on GMBC rides must sign a waiver once each riding season.

Touring riders have been doing this for years by signing a sheet available at the beginning of each ride. Riders on other rides and time trials may not be as familiar with this requirement.

In order to make it easier for everyone—really, it will be easier once everyone is used to it—there is now a direct link to the GMBC Rider Waiver on the GMBC website (thegmbc.com). The direct link for the waiver form is <https://form.jotform.com/83475499336169>

Please read and sign the waiver before your first ride with the club. You may also be able to sign a paper form at the ride start if you do not want to sign up online using your computer or smartphone.

Of course, you can also sign up with your smartphone at the ride start. If you use the online sign up, you have the advantage of receiving an email copy for your records. Every rider in the family needs to have a signed waiver on file.

Remember, signing the waiver is only required once per season. Thank you for your cooperation.