

# Cue Sheet: Grand Isle Flats

Mile 28	Increment 28	Distance From End 28	Instruction	Compass
0.0	0.0	27.7	Start at Folsom School, 75 South St. Short ride turns left, long ride right.	S
1.3	1.3	26.3	Turn right onto West Shore Rd.	W
6.9	5.6	20.8	Continue on Rte 314.	N
8.6	1.7	19.1	Continue straight on West Shore Rd where Rte 314 turns east and becomes Allen Rd.	N
10.8	2.2	16.9	Bear right onto Moccasin Ave.	E
12.1	1.4	15.5	Moccasin Ave becomes Griswold Rd.	E
13.2	1.1	14.4	Turn left onto Rte 2.	N
14.6	1.4	13.1	Turn right onto East Shore Rd.	E
16.3	1.7	11.3	Turn left, staying on East Shore Rd.	SE
19.9	3.5	7.8	Left onto Rte 2	SW
20.5	0.6	7.2	Left onto East Shore Rd.	SE
23.9	3.4	3.7	Left onto Rte 2.	SW
27.0	3.1	0.6	Turn right onto South St.	S
27.7	0.7	0.0	End at Folsom School.	E
59	59	59	Instruction	Compass
0.0	0.0	58.6	Start at Folsom School, 75 South St. Turn right on South St.	N
0.7	0.7	57.9	Turn left on Rte 2	W
2.6	1.9	56.0	Turn left onto Rte 314	NW
5.9	3.2	52.8	Continue on W. Shore Rd. Rte 314 turns east and becomes Allen Rd.	N
8.1	2.2	50.5	Bear right onto Moccasin Ave.	E
9.4	1.4	49.2	Continue on Griswold Rd	E
10.5	1.1	48.1	Turn left onto Rte 2.	N
21.8	11.2	36.9	Turn left onto Rte 129.	W
25.5	3.8	33.1	Turn right onto Shrine Rd.	W
29.3	3.7	29.3	Turn left onto New Rd.	E
30.2	0.9	28.4	Turn left onto Main St.	N
36.8	6.6	21.8	Turn right onto Rte 2.	SE
48.0	11.2	10.6	Turn right onto Griswold Rd. Alternatively, return to school via Rte 2.	W
56.0	7.9	2.7	Turn right onto Rte 2.	S
57.9	1.9	0.7	Right onto South St.	S
58.6	0.7	0.0	End at Folsom School.	E

Route Details: <http://tinyurl.com/4cddl5> (28-mile ride) <http://tinyurl.com/4qws55> (59-mile long ride)

## Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (If there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.
- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).
- Single up when cars are passing, out of courtesy.
- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Finally, a quick safety check for your bike: ABC Quick Check
  - A=Air in tires
  - B= Brakes working
  - C=Chain lubed and crank in good shape
  - Quick=Quick releases tight
  - Check=Make sure everything else seems OK

**Have Fun!**

# GMBC Grand Isle Flats

