Cue Sheet: GMBC Horse Country Ride

Mile All	Incre- ment All	Instruction	Compass
0	0	Meet at north end of town green. Ride across river on Rte 110.	NNW
13.5	13.5	27-mile ride turns around in Chelsea and returns to start. 51-mile ride turns right on VT-113	S, W
43	43	43-Mile Ride	
21.5	8.0	43-mile ride turns around at the top of Washington Heights and returns to start.	SSW
51	51	51-Mile Ride	
32.2	18.7	Turn right onto Tucker Hill Rd	W
34.5	2.3	Turn right onto VT-132	N
39.2	4.7	Turn left in So. Strafford to stay on VT-132	SSW
45.7	6.5	Turn right onto VT-14	W
46.0	0.3	Turn left onto River Rd and right after crossing bridge.	SE, SW
50.7	4.7	End.	-

Route Details: http://ridewithgps.com/routes/9483915 (27 & 43-mile)

http://ridewithgps.com/routes/9483920 (51-mile)

Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (If there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.

- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).
- Single up when cars are passing, out of courtesy.
- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Finally, a quick safety check for your bike: ABC Quick Check
 - A=Air in tires
 - B= Brakes working
 - C=Chain lubed and crank in good shape
 - Quick=Quick releases tight
 - Check=Make sure everything else seems OK
- Have Fun!

