

GMBC Kingdom Swing Ride

Note: Mileage information for reference only.

Mile	Increment	Instruction	Compass
0	0	Start at Currier's Quality Market, 2984 Glover Street, Glover (<u>NOT</u> C&C Supermarket in Barton!) Head south on VT-16, Glover Rd.	S
12.6	12.6	Turn right onto The Bend Rd.	NW
15.2	2.6	Turn left onto East Street and then right onto East Craftsbury Rd after breaking at Willey's Store	W, N
20.8	5.6	Turn left in East Craftsbury to stay on E. Craftsbury Rd (paved)	SSW
22.6	1.8	Turn right at T onto S. Craftsbury Rd	NW
27.0	4.4	Turn right onto VT-14	N
42.9	15.9	Turn hard right onto US-5	S
48.1	5.2	Turn hard right to stay on US-5	S
52.9	4.8	Turn right onto Church St., VT-16	S
56.0	3.1	End.	---

Route Details: <http://ridewithgps.com/routes/3273699>

Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (If there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.
- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).
- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Single up when cars are passing, out of courtesy.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Finally, a quick safety check for your bike: ABC Quick Check
- A=Air in tires
- B= Brakes working
- C=Chain lubed and crank in good shape
- Quick=Quick releases tight
- Check=Make sure everything else seems OK
- **Have Fun!**



Green Mountain
Bicycle Club
<http://thegmbc.com>



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