

Cue Sheet: GMBC Rouses Point Rouser Ride, 2011

Note: Mileage information for reference only.

Mile 49 & 56	Incre- ment 49 & 56	Instruction	Compass
0.0	0.0	Park at Grand Isle Ferry. Head north on VT 314	N
1.0	1.0	Continue straight onto W. Shore Rd.	N
3.2	2.2	Bear right onto Moccasin Ave.	ENE
5.7	2.5	Turn left onto Rte 2 north	N
16.9	11.2	Turn left onto Rte 129, after crossing bridge	W
49	49	49-Mile Ride	
19.7	2.7	Turn left, continuing on Rte 129. Rides split here.	SW
20.7	1.0	Turn right onto Shrine Rd.	WNW
24.4	3.7	Turn left onto New Rd.	ESE
25.3	0.9	Turn left onto Rte 129, Main St.	N
31.9	6.6	Turn right onto Rte 2	SE
43.1	11.2	Turn right onto Moccasin Ave.	WSW
45.6	2.5	Bear left onto W. Shore Rd.	SSW
47.8	2.2	Merge onto Rte 314	S
48.8	1.0	End.	--
56	56	56-Mile Ride	
19.6	2.7	Continue on West Shore Rd (do NOT follow Rte 129 or cross bridge to Isle La Motte)	N
24.1	4.4	Turn left onto Rt 2 north	NNE
24.9	0.8	Break at Alburgh General Store	SSW
29.3	4.4	First left after bridge onto Montgomery St	S
29.8	0.6	Turn left onto Lake St, Rt 11/9B	SSE
30.6	0.8	Continue straight at intersection with US 11, staying on NY 9B south.	S
35.5	4.9	Turn left onto Stetson Rd	SSE
40.4	4.9	Turn left onto US 9	SSE
46.6	6.3	Turn right unto Spellman Rd, Cty Rt 456	WSW
47.7	1.0	Turn left onto Moffitt Rd. Follow bikepath signs to ferry.	SSE
51.5	3.9	Cross US 9 and proceed on Cumberland Head Rd, NY 314	SE
52.5	1.0	Bear right, leaving NY 314 and staying on Cumberland Head Rd.	SE
55.6	1.0	Return to Vermont via ferry. Turn right onto VT 314	--

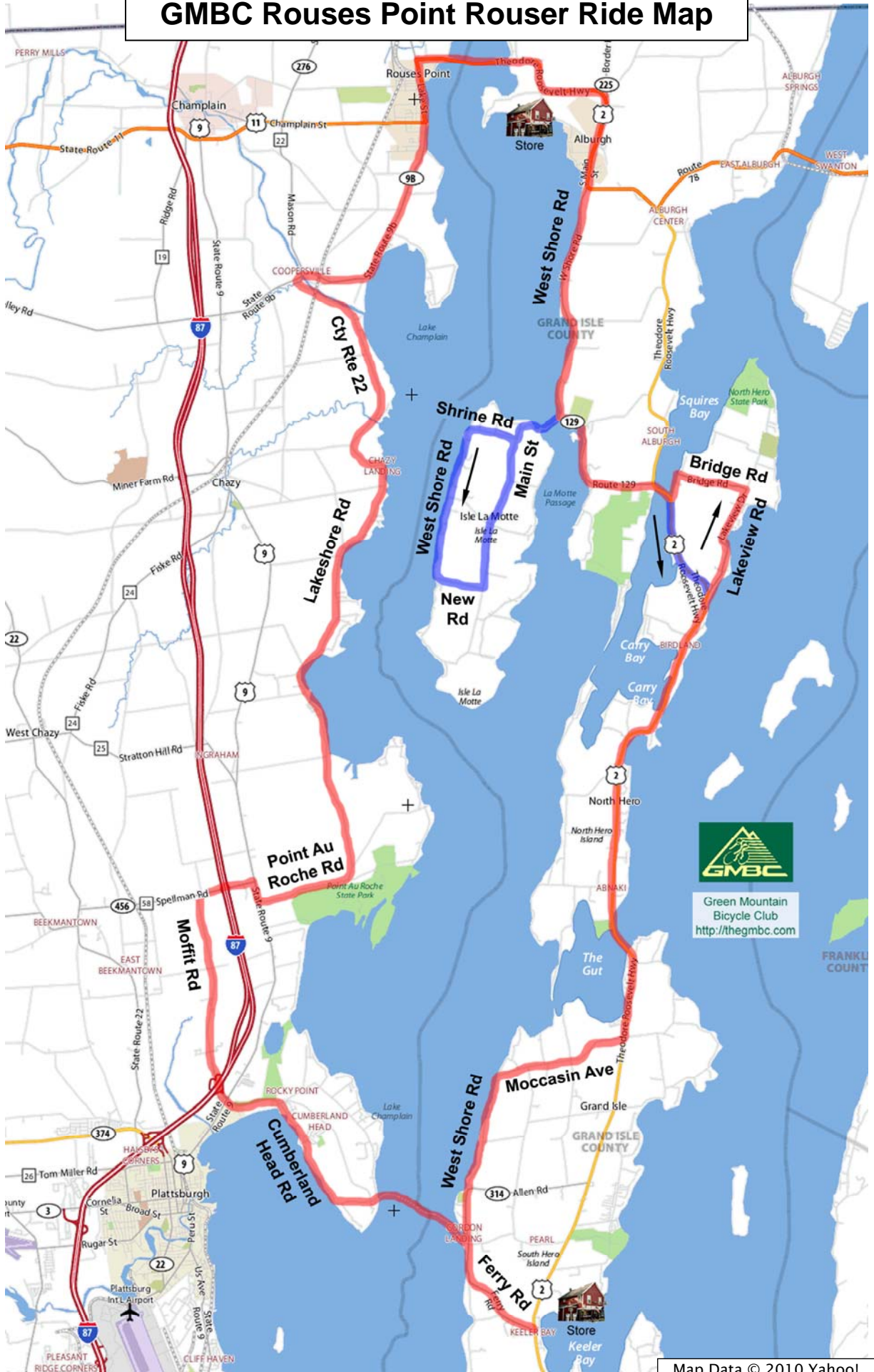
Route Details: <http://goo.gl/QB59I> (49-mile ride)

<http://goo.gl/Jj3SX> (56-mile ride)

Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (if there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.
- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).
- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Single up when cars are passing, out of courtesy.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Finally, a quick safety check for your bike: ABC Quick Check
 - A=Air in tires
 - B= Brakes working
 - C=Chain lubed and crank in good shape
 - Quick=Quick releases tight
 - Check=Make sure everything else seems OK
- **Have Fun**

GMBC Rouses Point Rouser Ride Map



Green Mountain
Bicycle Club
<http://thegmbc.com>