

Cue Sheet: Smugglers' Way Ride

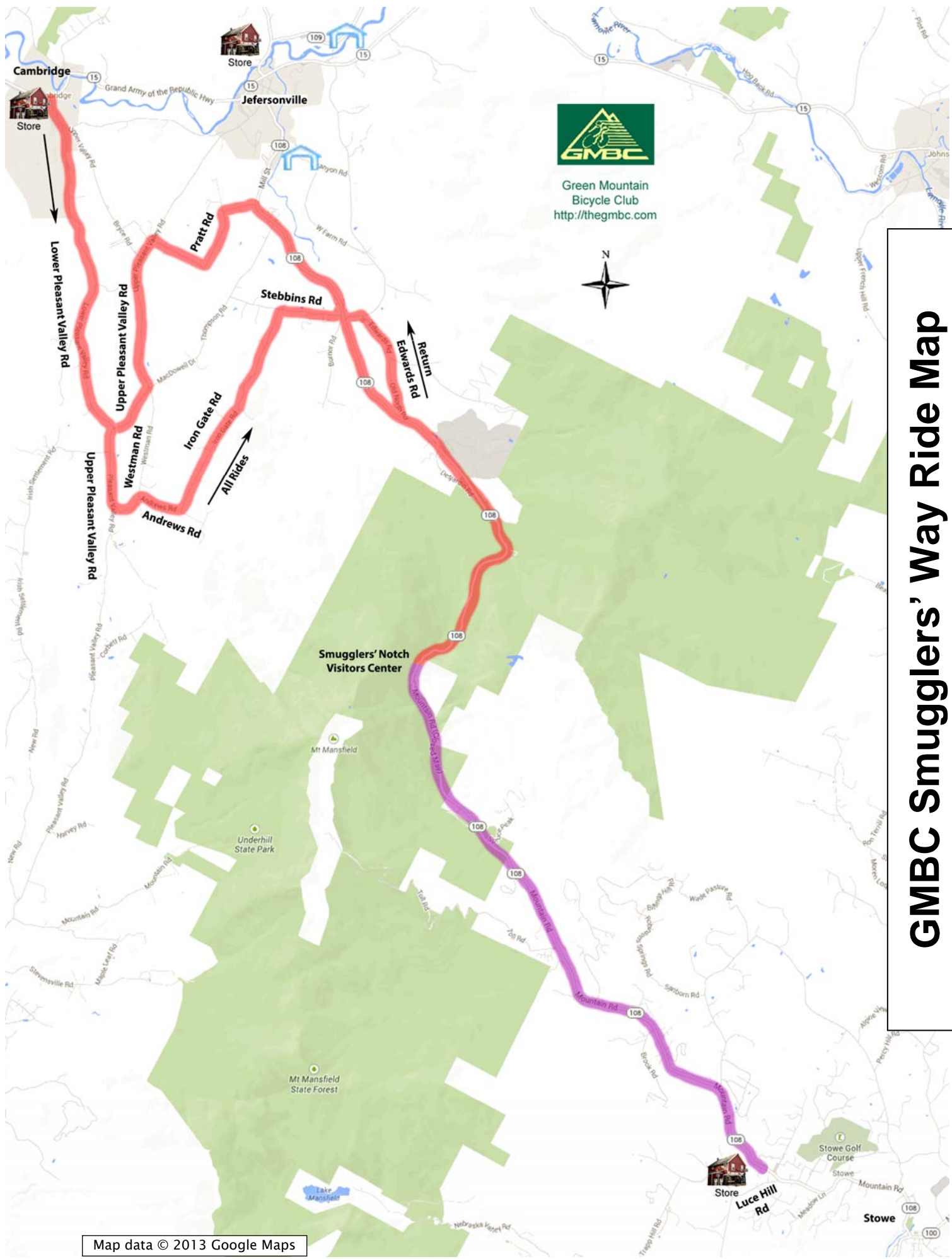
Note: Mileage information for reference only.

Mile	Increment	Turn	Instruction	Compass		
0	---	TL	Start at the Cambridge Post Office. Turn left onto Lower Pleasant Valley Rd	S		
3.9	3.9	BR	Bear right onto Pleasant Valley Rd	S		
4.8	0.9	TL	Turn left onto Westman Rd (dirt)	E		
5.2	0.4	TR	Turn right onto Andrews Rd (dirt)	ESE		
5.7	0.5	TL	Turn left onto Iron Gate Rd (dirt)	NNE		
8.2	2.5	TR	Turn right onto Stebbins Rd (dirt)	E		
8.9	0.7	TL	Turn left onto Burnor Rd, then right onto VT 108	N, S		
21		Short Ride				
10.4	1.5	TL	Turn left onto Edwards Rd	N		
11.9	1.5	TR	Turn right onto VT 108	N		
13.6	1.7	TL	Turn left onto Pratt Rd (dirt)	W		
28 & 43		Med. & Long Rides				
13.8	4.9	U	Med. ride turns around at Smugglers' Notch Visitors Ctr	NNE		
21.2	7.4	U	Long ride turns around at Edelweiss Store	NW		
17.3	32.1	3.5 10.9	BR	Bear right onto Edwards Rd	NNW	
18.8	33.6	1.5	TR	Turn right onto VT 108	NNW	
20.4	35.2	1.6	TL	Turn left onto Pratt Rd (dirt)	W	
21	28	43	All	All Rides		
15.2	22.1	36.9	1.5	TL	Turn left onto Upper Pleasant Valley Rd	SW
17.5	24.4	39.2	2.3	BR	Bear right onto Lower Pleasant Valley Rd	NW
21.4	28.3	43.1	3.9	---	End at Cambridge Post Office	---

Route Details: 21-Mile: <http://ridewithgps.com/routes/2958622>
 28-Mile: <http://ridewithgps.com/routes/2964904>
 43-Mile: <http://ridewithgps.com/routes/2965081>

Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (If there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.
- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).
- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Single up when cars are passing, out of courtesy.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Finally, a quick safety check for your bike: ABC Quick Check
 - A=Air in tires
 - B= Brakes working
 - C=Chain lubed and crank in good shape
 - Quick=Quick releases tight
 - Check=Make sure everything else seems OK
 - Have Fun!



Green Mountain
Bicycle Club
<http://thegmbc.com>



GMBC Smugglers' Way Ride Map