

Cue Sheet: GMBC Charlotte Back Roads Ride

Mile	Increment	Distance from end	Instruction
0	-	22.9	Start at Mt. Philo State Park lower parking lot
0	0	22.9	Right onto Mt. Philo Rd.
0.7	0.7	22.2	Right onto 1 Mile Rd.
1.6	0.9	21.3	Left onto Guinea Rd.
2.1	0.5	20.8	Right onto Bingham Brook Rd.
3.2	1.1	19.7	Left onto Spear St.
3.5	0.3	19.4	Right onto Prindle Rd.
5.9	2.4	17	Right onto Roscoe Rd.
7.2	1.3	15.7	Right onto Lewis Creek Rd.
8.8	1.6	14.1	Left onto Monkton Rd. (A.K.A. Covered Bridge Rd.)
10.1	1.3	12.8	Right on Rotax Rd. (A.K.A Old Hollow Rd.)
11.7	1.6	11.2	Left onto 4 Winds Rd.
12.9	1.2	10	Right onto Dakin Rd.
13.7	0.8	9.2	Cross Rt 7 onto Quaker St. WATCH TRAFFIC!
14.1	0.4	8.8	Bear left on Quaker St.
14.8	0.7	8.1	Right onto Greenbush Rd.
15.3	0.5	7.6	Left onto Longpoint Rd., out-and-back to lake.
18.6	3.3	4.3	Left onto Greenbush Rd, resume route.
20.8	2.2	2.1	Right onto E. Thompson's Point Rd.
22	1.2	0.9	Right onto Rt 7. WATCH TRAFFIC!
22.3	0.3	0.6	Left onto State Park Rd.
22.9	0.6	0	End at Mt Philo State Park lower parking lot.

Note: Mileage for reference only, may not be accurate

Route Details: <http://tinyurl.com/392y3z>

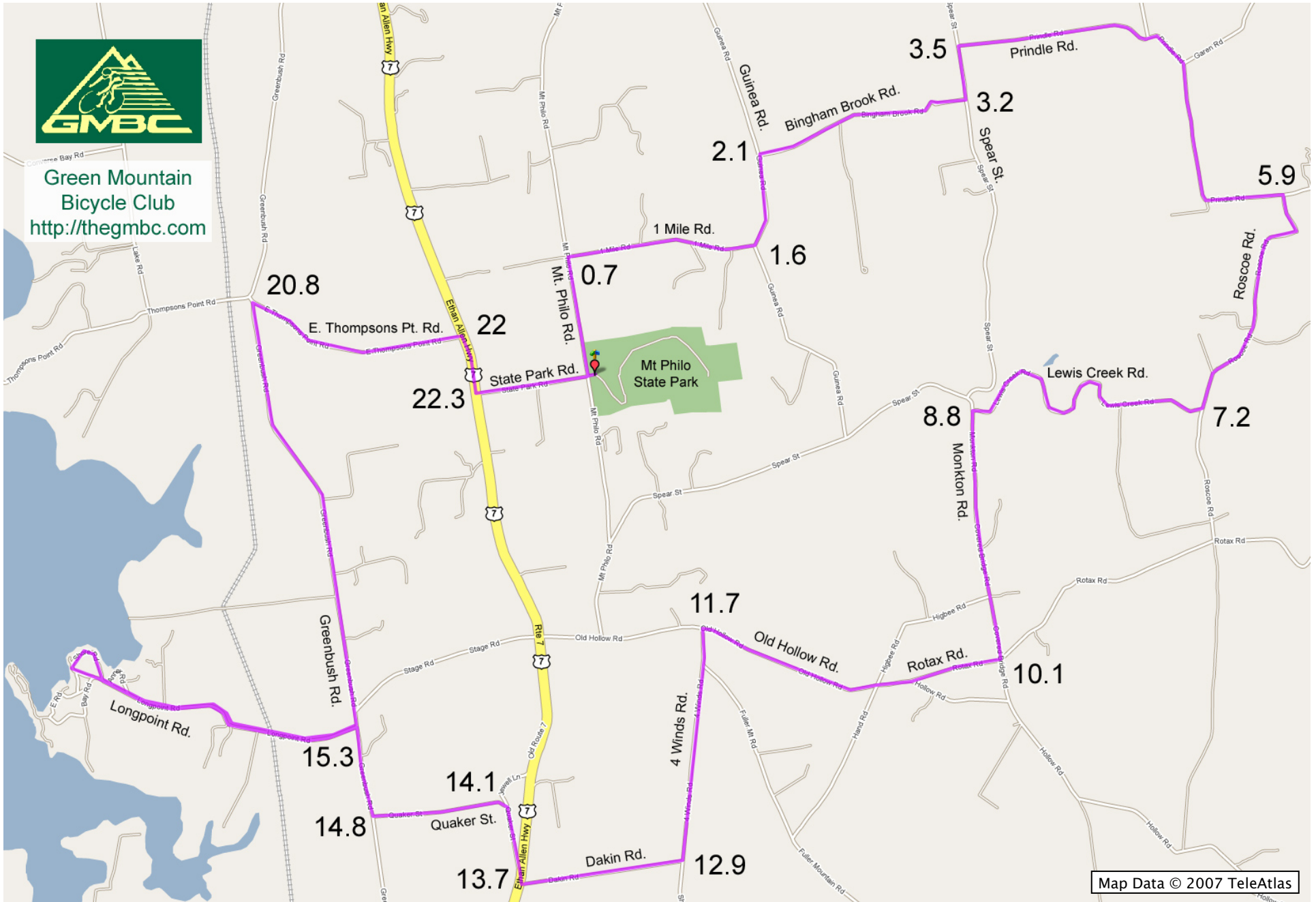
Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (If there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.
- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).
- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Single up when cars are passing, out of courtesy.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Finally, a quick safety check for your bike: ABC Quick Check
 - A=Air in tires
 - B= Brakes working
 - C=Chain lubed and crank in good shape
 - Quick=Quick releases tight
 - Check=Make sure everything else seems OK

• **Have fun!**



Green Mountain
Bicycle Club
<http://thegmbc.com>



Charlotte Back Roads Ride
Dirt roads, for fat tires. Note: Mileage for reference only.