

Cue Sheet: GMBC Grand Isle Flats

Mile	Increment	Action	Instruction Both Rides	Compass
0.0	0.0	TR	Start at Folsom School, 75 South St. Both rides turn right.	N
0.6	0.6	TL	Turn left onto US-2	W
3.7	3.1	TR	Turn right onto Town line Rd. (becomes E. Shore S. Rd in 1.6 mi.)	E
7.1	3.4	TR	Turn right onto US-2	N
7.7	0.6	TR	Turn right onto E. Shore N. Rd	E
11.2	3.5	TR	Turn hard right to stay on E. Shore N. Rd	N
28	28		28-Mile	
13.0	1.8	TL	Turn left onto US-2	S
14.4	1.4	TR	Turn right onto Griswold Rd. (becomes Moccasin Ave in 1.1 mi.)	W
16.8	2.4	BL	Bear left onto West Shore Rd.	S
19.0	2.2	TR	Turn right as W. Shore Rd joins VT-314S	S
20.7	1.7	TR	Turn right as W. Shore Rd leaves Ferry Rd/VT-314	S
26.3	5.6	TL	Turn left onto South St	N
27.6	1.3	TR	End at Folsom School	--
60	60		60-Mile	
13.0	1.8	TR	Turn right onto US-2	N
22.9	9.9	TL	Turn left onto VT-129	W
25.6	2.7	TL	Turn left to stay on VT-129	SW
25.7	1.1	TR	Turn right onto Shrine Rd.	W
30.4	3.7	TL	Turn left onto New Rd.	E
31.3	0.9	TL	Turn left onto Main St.	N
35.2	3.9	TR	Turn right to stay on VT-129	ESE
37.9	2.7	TR	Turn right onto Rte 2.	SE
49.1	11.2	TR	Turn right onto Griswold Rd. Alternatively, return to school via Rte 2.	W
53.8	4.7	TR	Turn right onto VT-314	S
57.1	3.3	TR	Turn right onto Rte 2.	S
59.0	1.9	TR	Turn right onto South St.	S
59.6	0.6	TL	End at Folsom School.	--

Route Details:

<https://ridewithgps.com/routes/21382974> (28-mile ride)

<https://ridewithgps.com/routes/21525420> (60-mile ride)

Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (If there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.
- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).
- Single up when cars are passing, out of courtesy.
- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Finally, a quick safety check for your bike: ABC Quick Check
 - A=Air in tires
 - B= Brakes working
 - C=Chain lubed and crank in good shape
 - Quick=Quick releases tight
 - Check=Make sure everything else seems OK

Have Fun!

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