Cue Sheet: GMBC Rouses Point Rouser Ride, 2013

Note: Mileage information for reference only.

Mile 50 & 60	Incre- ment 50 & 60	Instruction	Compass
0.0	0.0	Park at Grand Isle Ferry. Head north on VT 314	N
1.0	1.0	Continue straight onto W. Shore Rd.	N
3.2	2.2	Bear right onto Moccasin Ave.	ENE
5.7	2.5	Turn left onto Rte 2 north	N
14.5	8.8	Bear right onto Lakeview Dr.	NNE
16.7	2.2	Turn left onto Bridge Rd.	Е
18.4	1.7	Turn right onto US 2	NNW
18.9	0.5	Turn left onto Rte 129, after crossing bridge	W
50	50	50-Mile Ride	
21.7	2.8	Bear left, continuing on VT 129. Rides split here.	SW
22.7	1.0	Turn right onto Shrine Rd.	W
23.5	0.8	Bear left onto Shore Rd.	SW
26.4	2.9	Turn left onto New Rd.	ESE
27.3	0.9	Turn left onto Main St.	N
31.1	3.8	Bear right, staying on VT 129	E
33.9	2.8	Turn right onto US 2	SSE
45.0	11.1	Turn right onto Moccasin Ave. (Griswold Rd.)	WSW
47.5	2.5	Bear left onto W. Shore Rd.	SSW
49.7	2.2	Merge onto Rte 314	S
50.7	1.0	End.	
60	60	60-Mile Ride	
21.7	2.8	Continue on West Shore Rd (do NOT follow Rte 129 or cross bridge to Isle La Motte) Rides split here.	N
26.0	4.3	Bear left onto Rt 2 north	N
29.9	3.9	Break at convenience store before crossing Rouse's Point Bridge	W
31.2	1.3	First left after bridge onto Montgomery St	S
31.8	0.6	Turn left onto Lake St, NY 11 & 9B	SSE
32.6	0.8	Continue straight at intersection with US 11, staying on NY 9B south.	S
37.0	4.4	Turn left onto Lake Shore Rd	SSE
50.0	13.0	Turn right onto Point Au Roche Rd	W
51.6	1.6	Turn right onto US 9	N
52.0	0.4	Turn left unto Spellman Rd, Cty Rt 456 Ice cream stand here!	WSW
53.1	1.1	Turn left onto Moffitt Rd. Follow bikepath signs to ferry.	SSE
57.0	3.9	Cross US 9 and proceed on Cumberland Head Rd, Cty 314	SE
57.9	0.9	Bear right, leaving NY 314 and staying on Cumberland Head Rd.	SE
61.0	2.1	Return to Vermont via ferry. Turn right onto VT 314	

Route Details: http://goo.gl/QB591 (60-mile ride)

http://goo.gl/Jj3SX (60-mile ride)

Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (If there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.
- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).

- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Single up when cars are passing, out of courtesy.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Finally, a quick safety check for your bike: ABC Quick Check
 - A=Air in tires
 - B= Brakes working
 - C=Chain lubed and crank in good shape
 - Quick=Quick releases tight
 - Check=Make sure everything else seems OK
- Have Fun

