

# Cue Sheet: Almost to Canada

Mile	Leg	Turn	Instruction	Compass	
0.0	0.0	--	Start at Missisquoi Valley Union High School, 100 Thunderbird Dr., Swanton. (Or at Park & Ride at police station, across I-89 on Elm St)	S	
0.3	0.3	TL	Turn left onto VT-78	NE	
3.5	3.2	TL	Turn left onto VT-207	NNE	
9.8	6.4	S	VT-207 becomes VT-235 in Morses Line.	E	
13.9	4.0	BR or BL	Rides split here. Short ride bears right on VT-120, long ride continues east on VT-120 & VT-235.	S or E	
<b>34</b>	<b>--</b>	<b>34</b>	<b>34-Mile Ride</b>		
19.4		5.5	TR	Turn right onto VT-105 (or continue straight to Missisquoi Rail Trail)	W
22.2		2.9	S	Long and short rides converge	W
<b>--</b>	<b>60</b>	<b>60</b>	<b>60-Mile Ride</b>		
	18.9	5.0	BR	Bear right onto VT-108, W. Berkshire Rd.	SE
	19.6	0.7	S	Continue straight on Berkshire Ctr. Rd where VT-108 turns off to south.	SE
	22.3	2.7	TL	Turn left onto Richford Rd	E
	27.2	3.9	TR	Turn right onto River St.	SE
	27.7	1.0	TR	Turn right onto Main St.	S
	28.0	0.8	S	Continue straight on S. Main, VT-105 (or turn left to rail trail in 0.5 mile. Rail trail can be taken all the way to Sheldon Springs.)	SSW
	38.0	10.1	S	Continue straight on VT-108 where VT-105 turns off to right.	SSW
	38.2	0.2	TR	Turn right onto Duffy Hill Rd immediately after crossing bridge.	SSW
	39.6	1.4	TR	Turn right onto E. Sheldon Rd	NW
	46.5	6.9	TR	Turn right onto Main St.	N
	48.1	1.6	TL	Turn left onto VT-105 (Sheldon Springs)	W
<b>34</b>	<b>60</b>	<b>34 &amp; 60</b>	<b>Converged Rides</b>		
25.1	51.0	2.9	S	Continue straight onto Woods Hill Rd where VT-105 bends south.	SW
28.2	54.0	3.1	TR	Turn right onto VT-207	N
31.1	57.0	3.0	TL	Turn left onto VT-78	W
34.1	59.9	2.9	TR	Turn right onto Thunderbird Dr.	NW
34.3	60.2	0.3	--	End	

Route Details: <https://ridewithgps.com/routes/38939245> (34-mile)  
<https://ridewithgps.com/routes/38939252> (60-mile)  
<https://ridewithgps.com/routes/38941743> (Unpaved rail trail version)

## Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (If there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.
- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).
- Single up when cars are passing, out of courtesy.
- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Finally, a quick safety check for your bike: ABC Quick Check
  - A = Air in tires
  - B = Brakes working
  - C = Chain lubed and crank in good shape
  - Quick = Quick releases tight
  - Check = Make sure everything else seems OK
- **Have Fun!**

# GMBC Almost to Canada Map

