

The Date: _____ Course: _____

Conditions: _____ Timers: _____



Start Pos.	Name (Please Print Clearly)	GMBC Member? (y/n)	Sex (m/f)	YOB	Start Pos.	Completion Time (MM:SS)	Split Time on Stop Watch (MM:SS)	Number Yelled	
1	Kevin Bessett	Y	M	66	1	20:56	19:21	2	1
2	Bobby Bailey	Y	M	74	2	17:21	21:02	6	2
3	Joanne Grogan	Y	M	64	3	19:45	21:56	4	3
4	John Witmer	Y	F	73	4	19:02	22:45	3	4
5	John Williams	Y	M	48	5	18:01	23:01	5	5
6	Alberto Contador	Y	M	79	6	15:02	23:02	4	6
7					7				7
8					8				8
9									9
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12									12
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31					31				31
32					32				32
33					33				33

S
A
M
P
L
E

Recording Finishers and Spit Times:

1. Yell "Number" to get the rider's Start Position
2. Record # in "Number Yelled" column
 - a. Record rider start positions yelled as they arrive
3. Click Split on stop-watch and record the spit time
 - a. Round to nearest second

Tip: See *Instructions for Timers* for info on Watch's memory
Tip: Practice with stop-watch prior to starting race

To Calculate Completion Times:

1. Subtract Start Position from Split time "Minute"
 - a. Using first two rows above as examples:
 $19:21 - 2 = 17:21$
 $21:02 - 6 = 15:02$
2. Then record Completion Time in the Completion Time column for the corresponding Start Position
 - a. See light blue arrows above showing cross referencing
 - b. Colored numbers used are to help indicate where the completion time is recorded

Tip: The blue clipboard has a calculator
Tip: Use fingers to help cross-reference (practice above)

Record numbs yelled starting at row 1 and work down. Use row # to correlate with lap count in watch RECALL memory mode.