

Cue Sheet: Kingdom Lake View Loop

Note: Mileage information for reference only.

Mile	Increment	Turns	Instruction	Compass
Start	--	--	Start at the Island Pond fishing access or along Route 105 in front of the Irving store. Head east on Mill St	E
0.1	0.1	TL	Turn left onto Main St and continue onto VT-114, Railroad St	W
2.9	2.8	TL	Turn left onto VT-111	NW
9.5	6.7	TR	Turn right onto Valley Rd at the north end of Lake Seymour	NE
19.4	9.9	S	Continue straight onto Caswell Ave at the I-91 overpass	W
20.1	0.7	TL	Turn left onto Main St (US-5). You do not need to stop at US Customs. Do not turn right, or you will be in Canada.	SSW
20.2	0,1	TR	Turn right onto Elm St	W
22.1	1.9	TR	Turn right onto Beebe Rd	N
22.8	0.7	TL	Turn left onto N. Derby Rd, just before Customs. Directly ahead is the infamous Canusa St. If you ride on it, you will need to stop at US Customs on the way back.	W
24.8	2.0	TL	Turn left to stay on N Derby Rd	S
28.1	3.3	TL	Turn left onto Shattuck Hill Rd	SSE
29.3	1.2	TL	Turn left onto US-5 / VT-105	NE
30.1	0.8	TR	Turn right onto West St, immediately after the I-91 overpass	S
30.9	0.8	TR	Turn right onto Main St (VT-5A / 105)	SSW
37.3	6.4	BL	Bear left to stay on VT-105, leaving VT-5A	SSE
47.5	10.2	S	Continue on VT-105 at intersection with VT-114S	NE
49.5	2.0	--	End	--

Route Details: <https://ridewithgps.com/routes/25110439>

Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (If there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.
- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).
- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Single up when cars are passing, out of courtesy.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Finally, a quick safety check for your bike: ABC Quick Check
 - A=Air in tires
 - B= Brakes working
 - C=Chain lubed and crank in good shape
 - Quick=Quick releases tight
 - Check=Make sure everything else seems OK
- **Have Fun!**

GMBC Kingdom Lake View Loop Map

