

# Cue Sheet: GMBC Northeast Kingdom Loop

Meet at Caspian Public Beach in Greensboro, Beach Rd

Mile	Increment	Turn	Instruction	Compass
0.1	0.1	TL	Turn left onto East Craftsbury Rd at end of Beach Rd	N
7.4	7.3	TR	Turn right onto South Craftsbury Rd	NW
11.8	4.5	TR	Turn right onto VT 14	N
23.0	11.2	TR	Turn right onto VT 58	E
25.5	2.5	TR	Turn right onto Lake Region Rd	SE
27.5	2.0	TR	Turn right onto US 5	S
30.5	3.0	TR	Turn right onto VT 16, Church St	S
45.4	14.9	BL	Bear left onto (Greensboro Bend) Main St	S
46.7	1.3	TR	Turn right onto East Main St	WSW
47.0	0.3	TL	Turn left onto VT 16	SSW
49.2	2.2	TR	Turn right onto School St	SW
49.5	0.3	TR	Turn right onto (East Hardwick) Main St	NW
49.7	0.2	TR	Turn right onto East Church St, after crossing bridge.	NNE
53.0	3.3	TR	Turn right onto Breezy Ave	ENE
53.8	0.8	TL	Turn left onto Beach Rd	WNW
53.9	0.1	--	End	--

Route Details: <https://ridewithgps.com/routes/32082153>

## Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (If there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.
- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).
- Single up when cars are passing, out of courtesy.
- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Finally, a quick safety check for your bike: ABC Quick Check
  - A=Air in tires
  - B= Brakes working
  - C=Chain lubed and crank in good shape
  - Quick=Quick releases tight
  - Check=Make sure everything else seems OK
- **Have Fun!**

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