

Cue Sheet: GMBC Cambridge & North Ride

Note: Mileage information for reference only.

Mile	Leg	Turn	Instruction	Compass
0	0	TR	Turn right onto VT-15 E	E
0.4	0.4	TL	Turn left onto Pumpkin Harbor Rd	NW
4.9	4.9	S	Continue onto Fairfield Rd at intersection with Fairfax Rd	WNW
14.6	14.6	S	Long ride proceeds straight across VT-36; short ride turns around here and returns using same route as trip out.	NNE
49 – Mile Ride				
18.3	3.7	TL	Turn left onto Pond Rd	W
21	2.7	180	Turn around at T intersection with Sheldon Woods Rd	E
23.7	2.7	TR	Turn right onto N Rd	SSE
30.1	6.4	TR	Turn right onto Buck Hollow Rd	W
37.6	7.6	TL	Turn left onto VT-104 S/Main St	SW
38.4	0.7	BL / TL	Turn left onto River Rd, then left onto Fletcher Rd	ESE / N
42.8	3.4	TL	Turn left to stay on Fairfax Rd	N
43.6	0.8	TR	Turn right onto Cambridge Rd	ESE
48.1	1.3	TR	Turn right onto VT-15 W	S
48.5	0.3	TL	Turn left onto Mansfield Ave	S

Route Details: <http://ridewithgps.com/routes/1750479>

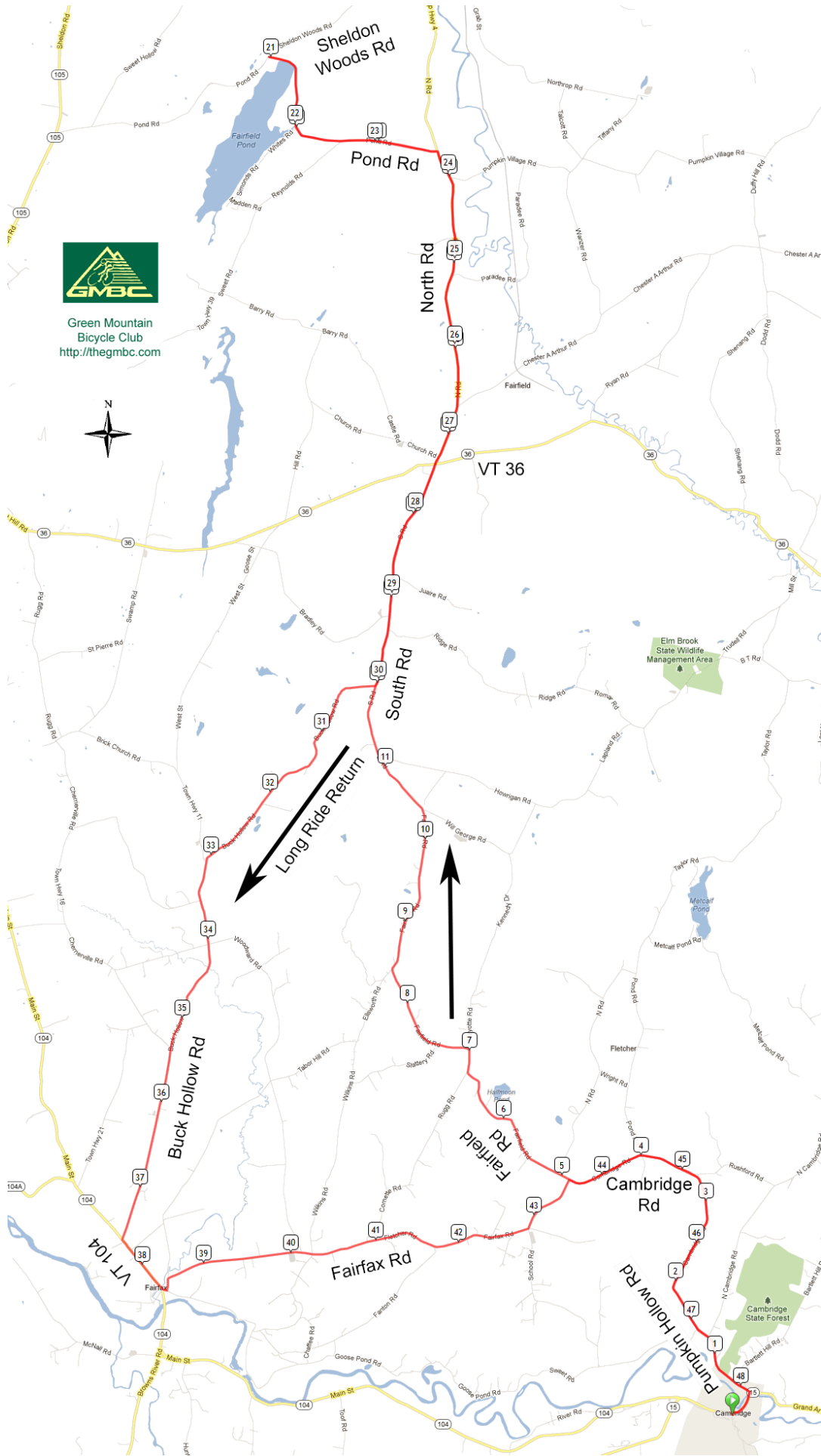
Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (If there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.
- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).
- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Single up when cars are passing, out of courtesy.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Finally, a quick safety check for your bike: ABC Quick Check
 - A=Air in tires
 - B= Brakes working
 - C=Chain lubed and crank in good shape
 - Quick=Quick releases tight
 - Check=Make sure everything else seems OK
- **Have Fun!**

GMBC Cambridge & North Ride Map



Green Mountain
Bicycle Club
<http://thegmbc.com>



Map Data © 2012 Google