

Cue Sheet: East of Eden Ride

Note: Mileage information for reference only.

Mile	Leg	Turn	Instruction	Compass
0.0	0.0	--	Start at Eden Elementary School parking lot. 1/2 mile south of VT-100 & VT-118 intersection.	NNW
0.2	0.2	TL	Turn left on VT-100.	E
1.2	1.0	TL	Turn left on VT-118	NNW
7.7	6.7	TR	Turn right at intersection with VT-109, staying on VT-118.	NNE
15.8	8.1	S or TR	Rides split. Long ride continues on VT-118. 50-mile ride turns right onto VT-242.	NW
50-Mile Ride				
27.3	11.5	TR	Turn right onto Cross Rd (becomes N. Hill Rd). Rides converge.	SSW
31.5	4.2	TR	Turn right onto VT-100.	SSW
38.0	--	TR	<i>Optional: turn right onto VT-58, then left onto Mines Rd. Passes closed asbestos mine on this low-traffic road.</i>	NW
48.1	16.7	TR	Turn right on Knowles Flat Rd, to school parking lot.	NNW
48.3	0.2	--	End	SSE
62-Mile Ride				
18.2	2.4	BR	Bear right onto Fuller Bridge Rd and cross covered bridge. Becomes S. Richford Rd.	NNW
25.2	7.0	TR	Turn right onto VT-105	E
38.9	13.7	TR	Turn right onto Cross Rd.	S
40.5	1.6	S	Straight across VT-242. Cross Rd becomes N. Hill Rd. Good stores and restaurants here for a break.	SSW
44.7	4.2	TR	Turn right onto VT-100 south.	SSW
51.1	--	TR	<i>Optional: turn right onto VT-58, then left onto Mines Rd. Passes closed asbestos mine on this low-traffic road.</i>	NW
61.3	16.6	TR	Turn right on Knowles Flat Rd, to school parking lot.	NNW
61.5	0.2	--	End	SSE

Route Details: <http://ridewithgps.com/routes/730408> (50-mile ride)
<http://ridewithgps.com/routes/730953> (62-mile ride)

Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (If there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.
- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).
- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Single up when cars are passing, out of courtesy.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Finally, a quick safety check for your bike: ABC Quick Check
 - A=Air in tires
 - B= Brakes working
 - C=Chain lubed and crank in good shape
 - Quick=Quick releases tight
 - Check=Make sure everything else seems OK

- **Have Fun!**

GMBC East of Eden Ride Map



Green Mountain
Bicycle Club
<http://thegmbc.com>