

Cue Sheet: GMBC Grand Isle Flats

Mile	Leg	Turn	Instruction	Compass	
0.0	0.0	TL	Start at Folsom School, 75 South St. Both rides head south.	S	
1.3	1.3	TR	Turn right onto West Shore Rd (turns to gravel in 0.6 mi for 4.7 mi)	W	
6.9	5.6	TL	Turn left onto VT-314 (still West Shore Rd)	N	
8.6	1.7	TL	Turn left, leaving VT-314, to stay on West Shore Rd	N	
10.8	2.2	BR	Bear right onto Moccasin Ave (becomes Griswold Rd in 1.3 mi)	ENE	
13.2	2.4	S	Cross US-2 onto Faywood Rd	ENE	
14.2	1.0	TL	Turn left onto E. Shore N. Rd (gravel)	N	
11.2	3.5	TR	Turn hard right to stay on E. Shore N. Rd	N	
14.2	1.0	TL or BR	Long ride turns left onto E. Shore N. Rd (gravel) Short ride bears right onto E. Shore N. Rd (paved)	N or E	
74					
74-Mile					
16.0	1.8	TR	Turn right onto US-2. WATCH TRAFFIC	N	
23.4	7.4	BR	Bear right onto Lakeview Dr	NNE	
25.6	2.2	TL	Turn left onto Bridge Rd	WNW	
27.4	1.8	TR	Turn right onto US-2 and cross bridge over Alburg Passage	NW	
27.8	0.4	TL	Turn left onto VT-129 after crossing bridge	W	
30.6	2.8	BL	Bear left at West Shore Rd to stay on VT-129 (Main St, causeway)	SW	
31.6	1.0	TR	Turn right onto Shrine Rd	WNW	
32.4	0.8	BL	Bear left at lake onto West Shore Rd	S	
35.3	2.9	TL	Turn left onto New Rd	ESE	
36.2	0.9	TL	Turn left onto Main St (becomes VT-129)	N	
42.8	6.6	TR	Turn right onto US-2 & cross bridge	SE	
43.2	0.4	TL	Turn left onto Bridge Rd immediately after crossing bridge	NNE	
45.0	1.8	TR	Turn right onto Lakeview Dr	SSW	
47.2	3.2	BL	Bear left onto US-2	S	
51.1	3.9	TR	Turn right onto Station Rd	W	
52.2	1.1	TL	Turn left onto (you guessed it) West Shore Rd	S	
53.8	1.6	TL	Turn left onto South End Rd	E	
54.7	0.9	TR	Turn right onto US-2	S	
56.2	1.5	TL	Turn left after crossing drawbridge onto East Shore N Rd (gravel)	E	
58.0	1.8	TL	Turn left to stay on East Shore N Rd, rejoining short ride	E	
30 74 Leg Turn Both Rides					
17.7	61.5	3.5	S	Cross US-2 (store just south on highway)	SSW
19.3	63.1	1.6	TL	Turn left onto Adams School Rd	SSW
19.6	63.4	0.3	TR	Turn right onto Quaker Rd	WSW
20.4	64.2	0.8	TL	Turn left onto West Shore Rd	S
21.3	65.1	0.9	TR	Turn right onto VT-314 (still West Shore Rd)	S
23.0	66.8	2.7	TR	Turn right, leaving VT-314, to stay on West Shore Rd (gravel for 4.7 mi)	S
28.6	72.4	5.6	TL	Turn left onto South St	N
29.9	73.6	1.3	TR	End at Folsom School.	--

Route Details: <https://ridewithgps.com/routes/38796230> (30-mile ride)
<https://ridewithgps.com/routes/38879494> (74-mile ride)

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