

Cue Sheet: GMBC Groton Grinder

Mile	Leg	Turn	Instruction	Compass
0	0	--	Start at Spaulding High School parking lot.	--
0.2	0.2	TR	Cross Ayers St at front of school onto W. Patterson St.	NE
0.4	0.2	TR	Turn right onto US-302	SE
18.8	18.4	TL	Turn left onto VT-232 after break at store ahead on right.	NNW
32.3	13.5	TL-TR	Short ride turns left onto US-2, long ride turns right.	NE, SE
50	50		50-Mile Ride	
33.7	1.4	--	Break at Rainbow Sweets Café & Bakery in Marshfield	--
43.6	9.9	S	Continue on US-2 at VT-14 intersection	SW
43.9	0.3	TL	Turn left, crossing bridge on VT-14, leaving US-2. (Alternatively, continue on US-2, then left on VT-302)	SE
49.0	5.1	TL	Turn left onto US-302 & 14	SE
49.4	0.4	BR	Bear right, staying on VT-14 USE CAUTION CROSSING RR	S
49.9	0.5	TL	Turn left onto Ayers St. Return to start	E
50.2	0.3	--	End	--
80	80		80-Mile Ride	
40.5	8.2	--	Regroup at Joe's Pond	-
43.3	2.8	TR	Turn right onto Peacham Rd.	S
50.1	6.8	--	Break at Peacham Café. Check out the very cool Northern Skies Observatory just ahead, next to the elementary school.	-
58.9	8.8	TR	Turn right onto US-302	WNW
76.0	17.1	TL / BR	Turn left at traffic circle onto VT-110, then bear right onto Mill St after crossing bridge.	SW
76.3	0.3	TR	Turn right onto Websterville Rd	NW
77.3	1.0	TR	Turn right at quarry, staying on Websterville Rd. Great view!	NNW
78.6	1.3	TR	Turn right onto Quarry Hill Rd at stop sign	NNE
79.8	1.2	TR	Turn right onto Hale St before bottom of hill	N
79.9	0.1	BR	Bear right onto Circle St	NE
80.2	0.3	TL	Turn left onto Ayers St	NW
80.5	0.3	--	End	--

Route Details: 50-Mile <https://ridewithgps.com/routes/38638598>

80-Mile <https://ridewithgps.com/routes/38638468>

Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (If there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.
- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).
- Single up when cars are passing, out of courtesy.
- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Finally, a quick safety check for your bike: ABC Quick Check
 - A=Air in tires
 - B= Brakes working
 - C=Chain lubed and crank in good shape
 - Quick=Quick releases tight
 - Check=Make sure everything else seems OK
- **Have Fun!**

GMBC Groton Grinder Ride

