

Cue Sheet: GMBC Meandres et Beaux Villages Ride

Note: Mileage information for reference only.

Mile	Leg	Turn	Instruction	Compass	
0	0	TL	Park at Highgate Elementary School. Turn left onto Gore Rd, VT-207	NE	
6.2	6.2	TL	Turn left onto 235 to Canadian Customs	N	
7.1	0.9	TR	Turn right to stay on Chemin de Morses Line	ENE	
8.3	1.2	TL	Turn left to stay on Ch de Morses Line	N	
9.5	1.2	TL	Turn left onto Ch de Saint-Armand	W	
15.4	5.9	TL	Turn left onto Avenue Montgomery, then right at lake onto Ave. Champlain	W, N	
17.4	2.0	TL	Cross QC-133 and turn left onto Ch du Moulin (gravel)	NNE	
19.7	2.3	BL	Cross QC-133, and bear left to continue on Ch du Moulin	NNW	
22.1	2.4	TL	Turn left onto QC-133 N/QC-202 O	N	
22.3	0.2	TR	Turn right onto Ch des Rivières	NNE	
24.8	2.5	TR	Turn right onto Ch Saint Charles	E	
27.8	3.0	TR	Turn right onto Ch de Mystic (becomes Rue du Pont @ mile 29.9)	S	
30.3	2.5	S	Cross QC-235 and continue onto Rue de l'Église	E	
31.0	0.7	TR	Turn left onto Rue Victoria (becomes Ch Maurice @ mile 31.5)	S	
34.9	3.9	R / L	Rides split. Short ride turns right, long ride left onto Ch Edoin.	W or E	
46 - Mile		46 - Mile Ride			
35.5	1.6	TR	Turn left onto Ch Dalpé	S	
36.9	1.4	S	Continue onto Ch de Morses Line, rejoining long ride	S	
58 - Mile		58 - Mile Ride			
35.4	0.5	TL	Turn left onto Ch Guthrie	N	
38.1	2.7	TL, TR	Turn left onto Che des Bouleaux, then right onto Ch Ballerina after crossing river	NNW, NE	
39.3	1.2	BR	Bear right onto QC-237 S	E	
41.5	2.3	TR	Turn right to stay on QC-237, bear right again onto Ch de Saint Armand	SSW, W	
48.1	6.6	TL	Turn left onto Ch de Morses Line, rejoining short ride	S	
46	58	All	All	All Rides	
38.1	49.3	1.2	TR	Turn right to stay on Ch de Morses Line	W
39.2	50.4	1.1	TL	Turn left onto QC 235	SSE
40.2	51.4	0.9	TR	Turn right onto VT-207 after clearing US customs	W
46.4	57.6	6.2	--	End at school	--

Route Details: <https://ridewithgps.com/routes/40702884> (46-mile ride)

<https://ridewithgps.com/routes/39979030> (58-mile ride)

Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (If there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.
- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).
- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Single up when cars are passing, out of courtesy.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Finally, a quick safety check for your bike: ABC Quick Check
 - A=Air in tires
 - B= Brakes working
 - C=Chain lubed and crank in good shape
 - Quick=Quick releases tight
 - Check=Make sure everything else seems OK
- **Have Fun!**

GMBC Meandres et Beaux Villages Ride Map



Green Mountain
Bicycle Club
<http://thegmbc.com>

