

Cue Sheet: GMBC Meandres et Beaux Villages Ride

Note: Mileage information for reference only.

Mile	Leg	Turn	Instruction	Compass
0	0	R	Turn right onto Avenue Champlain	N
1.8	1.8	L	Cross QC-133 and turn left onto Chemin du Moulin	NE
3.3	1.5	L	Turn left onto Chemin Morgan	W
3.5	0.2	R	Turn right onto QC-133 N	N
4.4	0.8	L	Slight left onto Chemin du Moulin	NNW
6.7	2.3	L	Turn left onto QC-133 N/QC-202 O	N
6.9	0.2	R	Turn right onto Chemin des Rivières	NNE
9.4	2.5	R	Turn right onto Chemin Saint Charles	E
12.6	3.2	R	Turn right onto Chemin de Mystic	S
15.2	2.6	L	Turn left onto Rue Dutch/QC-235 S	SE
25 – Mile Ride				
19.4	4.2	R	Turn right onto Chemin Dutch/QC-235 S	WNW
19.7	0.3	L	Turn left to stay on Chemin Dutch/QC-235 S	S
21.7	2.0	R	Turn right onto Chemin de Saint Armand	WSW
25.2	3.5	L	Turn left onto Avenue Montgomery	W
25.4	0.2		End	--
41 – Mile Ride				
19.4	4.2	R	Turn left onto Chemin Chevalier	E
21.3	1.9	S	Continue onto Chemin Edoin	E
22.3	1.0	L	Turn left onto Chemin Guthrie	N
23.0	0.7	S	Continue onto Chemin des Sapins	E
25.0	2.0	L	Turn left onto Chemin des Bouleaux, then right onto Chemin Ballerina after crossing river	NNW / NE
26.2	1.2	S	Continue onto QC-237 S	E
28.5	2.3	R	Turn right to stay on QC-237 S	SSW
28.6	0.1	S	Continue onto Chemin de Saint Armand	W
41.0	12.4	L	Turn left onto Avenue Montgomery	W
41.2	0.2	--	End	--

Route Details: <http://ridewithgps.com/routes/1595234> (25-mile ride)
<http://ridewithgps.com/routes/1595261> (41-mile ride)

Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (If there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.
- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).
- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Single up when cars are passing, out of courtesy.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Finally, a quick safety check for your bike: ABC Quick Check
 - A=Air in tires
 - B= Brakes working
 - C=Chain lubed and crank in good shape
 - Quick=Quick releases tight
 - Check=Make sure everything else seems OK
- **Have Fun!**

GMBC Meandres et Beaux Villages Ride Map

